

Formula Sanmauro

Lunch or dinner

20€

service charge included

Choose your favorite kitchen menù with first and **second course**.

Excluded steak house and pizzas



Beverage excluded to promo



Our dishes come from the passion towards craftsmanship. From the appetizer to the dessert, we prepare everything in our kitchen, with healty and natural ingredients, never using previously made products. The result is a menu with a strong identity, that follows the seasonality of products and ingredients. We alternate meat and fish dishes, to satisfy any taste

enjoy your meal

Stay tuned for updates



Follow us on Facebook: @RistoranteSanmauro



Follow us on Instagram: ristorante_sanmauro



Follow us on Linkedin Gruppo Ethos



For reservation: 039 9202601

menù gluten free 🤇



For realisation of bread, pasta, pizza and desserts we use external local laboratories, who create fine and handmade food without gluten. The cooking of these products is then made in our kitchens, using dedicated tools to avoid any risk of contamination.

Discover our proposals at the bottom of the menu.

Allergens

As per European Union regulation CEE1169/2011, below each dish you will find the indication due to all the allergens presents in the ingredients used for its preparation.

The dishes production takes place in a single environment so they may contain nickel and other allergens traces due to the contamination. As indicated by the Health Ministry 10/12/21 N. Prot. 44968 cereal product may contain mustard.

Follow the icons



GIFT dish Discover all details at the end of the menu





Dish prepared with ORGANIC ingredient



Vegetarian dish





Use QR code to discover all extraordinary characteristics of hemp







Dish prepared with Superfood ingredients, foods with surprising nutritional characteristics



appetizers

In the wait

Bis di Bruschette

- Garlic bread with Cherry tomatoes, oregano and fresh basil.
- Turnip greens salted with garlic, oil, hot pepper and stracciatella cheese

#1-7-10



appetizers

Tagliere Italiano con tomino alla griglia

Brusignone farmhouse salami, lard of Pata Negra, cured pork neck ham, Parma raw ham 18 months aged served with pickled vegetables and grilled tomino cheese

#7-9-12

SENZ/A LIEVITO

€ 12,00

Erbazzone Emiliano in crosta

Quiche filled with chard, spring onion and Padano cheese. Also called "Scarpazzone" is a dish typical of Reggio Emilia.

#1-3-7-9-10



Parmigiana di Melanzane

Grated parmesan with mozzarella cheese, tomato and basil #3-7-9



€ 10,00

€ 12.00

Tris di cozze

tasting of mussels in three different versions

- Classic* #1-9-10-12-14
- Marinara with cherry tomatoes and hot pepper* #1-9-10-12-14
- Gratinate all'olbiese with crunchy Pecorino cheese breading* #1-7-9-10-12-14

It's possible ask only one version of mussels



first courses.

Do you like the recipe but not the pasta shape?

Ask for your favorite shape, choosing among the ones that are presented in the menu

Tonnarelli cacio e pepe

Tonnarelli pasta with Pecorino cheese cream and black pepper Fresh pasta like spaghetti pasta

#1-3-7-9-10



Spaghetti pasta with fresh clams parsley and EVOO

#1-9-10-12-14

Spaghetti alle vongole ricetta dello chef Davide

Spaghetti pasta with fresh clams, garlic, EVOO, 'nduja and parsley

#1-7-9-10-12-14

Spaghetti allo scoglio

Spaghetti with swordfish, seafood, codfish, shrimps and fresh tomato*

#1-2-4-6-7-9-10-12-14

Gnocchi di patate fatti da noi alla Sorrentina gratinati al forno

Homemade potato gnocchi pasta with tomato sauce and mozzarella Fiordilatte cheese

#1-3-7-9-10

Pizzoccheri freschi della tradizione Valtellinese

"Pizzoccheri" buckwheat pasta with potatoes, savoy cabbage and Casera cheese

#1-2-3-4-5-6-7-8-9-10-11-12-13-14

Lasagne della tradizione Bolognese

fresh egg pasta with classic ragout

Following the authentic recipe of the Emilia Romagna tradition, we prepare our Lasagna with, fresh egg,

classic ragout and bechamel

#1-3-7-9-10-12

Tortelli Emiliani freschi preparati a mano

Meat stuffed ravioli with Padano cheese fondue

Our ravioli are filled with Mortadella and Beef meat.

#1-3-7-9-10-12

Dishes made only with selected rice beans. We chose a 100% Carnaroli rice aged minimum 18 months, that makes our risotto extremely creamy. We also choose an organic wholewheat long red rice, with amazing properties against cholesterol

Risotto bianco alla Monzese con Luganega

Carnaroli risotto with Luganega sausage

3 - 7 - 9 - 12

SENZA € 14,00

€ 21,00

€ 12,00

€ 12,00

€ **13**,00

€ 15,00

€ **12**,00

€ 12,00

€ 15,00

piatto unico

Risotto alla Milanese

Saffron risotto with Chianina beef marrowbone

#1-3-6-7-9-10

Allergens list on last page. Some ingredients can be fresh or frozen subjec to market availability. The fish intended to be eaten raw has undergone a preventive treatment in compliance with the requirements of EC Reg. 853/2004. The dishes production takes place in a single environment, for contamination they may contain nickel and other allergens traces.





land courses

Cotoletta alla milanese

Pork rib cooked in traditional Milan style, with a crispy panure

#1-3-7-8-10

Pallotte cacio e ova

a tipycal dish of Abruzzo, egg and cheese bread balls.

Cooked in tomato sauce

#1-3-7-9-10

Ragù Napoletano

Neapoletan style ragout served with crunchy bread

The Neapolitan sunday dish.

this ragout includ pieces of beef and pork meat, left to cook for a long time in the sauce.

#1-9-10-12

Bombette Pugliesi con Pecorino e pancetta

Meat rolls filled with pecorino cheese and bacon

More than just meat rolls, the "Bombette" have this name because when you put them in your mouth you feel the explosion of their tasty filling!

7

Frittura di paranza

Sea courses

Sea fried mix with shrimps, calamari, cuttlefish, hake and minnows*

#1-2-4-6-10-12-14

Frittura di anelli e ciuffi di calamari

Fried calamari rings and forelocks*

#1-6-10-12-14

CHEESEBURGER served with fries*

Sesame seeds bun with 250gr of Black Angus GRASS FED beef meat,

Cheddar cheese, tomato and lettuce

#1-3-6-7-10-11

€ 18,00







€ 17,00

€ 19,00

€ 19,00

€ 16,00



steak house OOKED MEAT ON BARBEQUE



BARBEQUE GRILL

releases aromas and flavors making the meat extremely tasty and

Scottona

quality-superior marbling

Meat characterised by a high grade of marbling that, melting during the cooking process, gives to it taste and tenderness, making the meat extremely juicy and tender for the palate. The bovines, raised in the wild and fed as nature teaches, are "Scottone": young females that have never been pregnant.



Costata di manzo "Scottona"

Around 500 GR of "Scottona" ribeye steak

Recommended cooking: - OOOOO + medium or well done

NO ALLERGENS

Fiorentina di manzo "Scottona"

Around 1kg of "Scottona" T-bone steak

Recommended cooking: - OOOO + rare or medium

NO ALLERGENS

Grigliata mista reale Recommended cooking: - OOOOO + medium or well done

Mixed grilled meat: veal, Black Angus GRASS FED, pork sausage from Mantua, Irpinian Black Pork fillet, fresh bacon # NO ALLERGENS

I 3 Manzi Recommended cooking: - OOOOO + medium

Approx 450 GR total of boneless meat to offer you the best breed in the world, for a high level tasting experience:

- Chianina, certified by Consorzio del Vitellone Bianco, is the most loved and famous breed in Italy
- · Black Angus, one of the most ancient and exquisite breeds; we offer Scottona meat, tender and juicy
- · Angus Hereford, characterized by a particular marbling that enhances its succulence, it is one of the most important breeds in the world

ingredients can

NO ALLERGENS

Angus Tender GRASS FED Suggested with every kind of cooking

About **300** GR of Black Angus meat.

A forgotten chop, with balanced, elegant and delicious flavour

NO ALLERGENS

Flank Fillet® GRASS FED Suggested with every kind of cooking

About 300 GR of Black Angus meat, a tender and tasty cut

NO ALLERGENS

Filetto GRASS FED Recommended cooking: - OOOO + rare

Some

About **300** GR of "Black Angus" fillet

last

NO ALLERGENS

Allergens list on

GR The indicated weight is the weight of the raw meat

page. eaten raw has undergone a preventive treatment production takes place in a single environment,



be

for

The dishes of our Steak House are also available gluten free. If you want to order them, remember to report to our staff your gluten intolerance or allergy.

e fresh or frozen subjec to market availability. The fish intended compliance with the requirements of EC Reg. 853/2004. The contamination they may contain nickel and other allergens



€ <mark>7,50</mark> pro hg



€ 26.00





€ 19.00





€ 22,00





€ 28.00



tagliate

The cattle is raised on grazing land and is fed exclusively grass

your favourite breed



Choose your favourite beef cut: 250 GR of certified cattle beef.







€ **19**.00

€ 19.00

plain, with rosemary or with rocket salad

A touch of flavour to your dish

Tagliata di Black Angus

Tender cut from the forequarter, "Black Angus" breed, to value a little-known and used beef chop.

Recommended cooking: - OOOO + rare or medium

NO ALLERGENS

Tagliata di Chianina

Certificate pure "Chianina" IGP. the most famous and valuable Italian breed

Recommended cooking: - OOOO + rare or medium

NO ALLERGENS

with

rocket salad and parmesan shavings

#3-7

€ 3.00

with

cherry tomatoes, basil and balsamic vinegar

€ 3,00

12

for the side dishes, see the specific page



GR The indicated weight is the weight of the raw meat







salads

Caprese

Fresh tomatoes, Buffalo milk mozzarella cheese and basil #7



Caesar Salad

Iceberg salad with chicken breast, egg, bread croutons, Lodigiano cheese shavings and Caesar sauce #1-3-4-6-7-10

€ 15,00

Polpo

Octopus, potatoes, squids, pesto sauce, Chioggia and Milano salads* #7-8-12-14





side dishes

French fries*

#1

Roasted potatoes with rosemary*

Spinach on butter or sour *

Verdure grigliate

Grilled vegetables

NO ALLERGENS





Friarielli napolitan turnin tops inflorescences, sautéed with garlic and chili pepper *

NO ALLERGENS



Caponatina

Organic assorted vegetables

9





Fagioli all'uccelletto

Beans with tomatoes sauce

NO ALLERGENS

La buca l'è minga straca se la sa no de vaca!

Single cheese option - based on the daily availability # ASK TO OUR STAFF FOR THE ALLERGENS

€ 8.00

€ 4,50

Organic Buffalo's milk mozzarella cheese - about 250gr # 7

€ 11,00

€ 1,50

€ 2,00 € 2,00

Extra cost # on the last page you can find the allergen list of every ingredient below.

Extra cost for vegetables Extra cost for anchovies, dried fruits, seeds, asparagus, mushrooms, eggs, sprouts

Extra cost for cold cuts and cheeses

€ 2,00 Extra cost for fish (shrimps, octopus, tuna, salmon)

Fiordilatte mozzarella cheese from "Mantua"

€ 2,00 Extra cost for Buffalo mozzarella cheese from "Mantua" € 3,00

Alternative without lactose - Ask to our staff to know availability





News

STIRATA ROMANA



Our kitchen team proposes

"STIRATA ROMANA".

A long leavening and high
hydration dough for a high, soft
and light pizza.

CACIO E PEPE

€ 15,00

Pecorino romano DOP cheese, black pepper and bacon #1-3-6-7-8-10-11

PARMIGIANA

€ 15,50

Tomato, mozzarella cheese, fried eggplant, lodigiano cheese shavings and basil #1-3-6-7-8-10-11

ARDORE CALABRO

€ 17,00

Tomato, "fiordilatte" mozzarella cheese, red and yellow bell pepper, 'nduja, cherry, mozzarella and basil

#1-3-6-7-8-10-11-12

CRUDO E STRACCIATELLA

€ 18,00

Tomato, Parma raw ham aged 18 months, Buffalo stracciatella cheese from Mantua, semi dry tomatoes and pesto drops # 1 - 2 - 3 - 4 - 6 - 7 - 9 - 10 - 11 - 12 - 14



Healthy pizzas

Treat yourself with a delicous pizza without compromising healty eating

Try our exclusive healthy dough!

Composed of skilful blends of high protein organic flour, type 0 wheat and semi-integrated flour type 1,

each ball is pulled by hand in our kitchens after a long rising, slaughtered and frozen in order to preserve its organoleptic properties.



Flour rich in fiber, Omega 3, Omega 6 and polyunsaturated fats, is called Superfood product whose value is recognised by Ministry of Health

1 - 6 - 8 - 10

Legume flour is produced with only white beans, chickpeas, yellow lentils and Italian yellow peas from the company Legù. Rich in proteins plants and fibers.

1-6



From very high vitamin content and the amount of potassium higher than that of other cereals, is a dietary product characterized from a low glycemic index

1 - 6 - 10

Choose the dough and combine it with the dressing

This allergens refer only to seasoning, to which must be added the allergens of the relative special doughs



in this pic: canapa dough

Isabella

Tomato, Fiordilatte mozzarella cheese from Mantua, basil

€ 13,00

€ 18.50



in this pic: saraceno dough

Santa Maria

Tomato. Fiordilatte mozzarella cheese from Mantua, Parma ham 18 months aged, Buffalo milk mozzarella cheese, caramelized red onion, oregano

#7-12



in this pic: impasto carrube

Friccicarella

Tomato, "fiordilatte" mozzarella cheese from Mantova, roasted pork from Ariccia, provolone cheese and wild fennel

#7

€ 16,50



our pizzas

CHOOSE AMONG OUR 4 ORGANIC DOUGHS



LIGHT AND THIN

delicate and thin, this light pizza is made of BIO flour type "O" # 1 - 6 - 10



WHOLEWHEAT THIN

Made with 100% wholewheat and organic stone-ground flour. It is a rustic product, healty and easy to digest. # 1 - 6 - 10



KHORASAN THIN

The rich and ancient taste of Khorasan wheat, made famous by KAMUT®. trademark. It is organic and rich in proteins, mineral salts and with great nutritional properties.

#1-6-10



PARTENOPEO

Made with organic flour, it's a softer pizza with high sides. It remains light and digestible thanks to mother yeast and a very long rising (48hrs). $\#\,1$ - 6 - 10

All our pizzas are stuffed with HOMEMADE
ORGANIC FIORDILATTE
MOZZARELLA CHEESE FROM

MANTUA MADE ONLY WITH

ITALIAN MILK in a natural oasis on the river

Po, in the heart of the Mincio Park











This allergens refer only to seasoning to which must be added the allergens of the relative doughs.

white pizzas without tomato sauce

4 FORMAGGI Mozzarella cheese, Gorgonzola cheese, Taleggio cheese, Parmesan #3-7

(√) € **9**,30

BRONTE Mozzarella cheese, smoked scamorza cheese, pumpkin cream, Porcini mushrooms, Parma raw ham, Bronte pistachios #7-8

€ 12,30

MALAFEMMINA Sliced local Fiordilatte mozzarella cheese from Mantua, friarielli* and sausage #7

Friarielli: turnin trops inflorescences, typical of Neapolitan cuisine

€ 10,80

piggas without mozzarella cheese



SCOGLIERA Tomato, seafood, shrimps, parsley flavored with garlic, rocket, hot pepper oil* # 2 - 4 - 12 - 14

(//) € 12,30

MARINARA Tomato, garlic, parsley # NO ALLERGENS

(√)(∥) € **6,**30

PUGLIESE Tomato, Tropea red onion, oregano # NO ALLERGENS

(6,3 € **6,3**

red pizzas without mozzarella

CIOCIARA Tomato, zucchini, aubergines, onion, Pecorino Romano cheese, fresh tomato #7

(√) € **8**,30

calzoni

CALZONE DI FUOCO Mozzarella cheese, tomato, spicy salami, chili pepper #7

€ 8,80

CALZONE FARCITO Mozzarella cheese, tomato, artichokes, black olives, ham, mushrooms #7

€ 8,80

CALZONE LISCIO Mozzarella cheese, tomato, ham #7

€ 8,30

focacce

FOCACCIA Salt, extra virgin oil, rosemary # NO ALLERGENS

FOCACCIA CON CRUDO Rosemary, extra virgin oil, Parma raw ham # NO ALLERGENS

(€ 8,30

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This allergens refer only to seasoning to which must be added the allergens of the relative doughs.

nioost

4 STAGIONI Tomato, mozzarella cheese, ham, black olives, artichokes, mushrooms #7	€ 9,30
BOSS Tomato, mozzarella cheese, Gorgonzola blue-cheese, onion, fresh tomato, rocket, black olives #7	(√) € 8,80
BUFALINA Tomato, mozzarella cheese with Buffalo milk from Mantua, fresh tomatoes #7	√ ⊘ € 10,30
CAPRICCIOSA Tomato, mozzarella cheese, artichokes, olives, mushrooms, vegetables #7	√ € 8,30
CAVOUR Tomato, mozzarella cheese, dry-salted beef, rocket, parmesan #3-7	€ 10,80
CRAPADA Tomato, mozzarella cheese, gorgonzola blue-cheese, speck #7	€ 9,80
CRUDO Tomato, mozzarella cheese, Parma raw ham #7	€ 10,30
CRUDO e ZOLA Tomato, mozzarella cheese, gorgonzola blue-cheese, Parma raw ham #7	€ 10,30
DELICATA Tomato, mozzarella cheese, smoked salmon * #4-7	Ø ,80 €
DIAVOLA Tomato, mozzarella cheese, hot salami, black olives #7	€ 8,80
GAMBERETTI Tomato, mozzarella cheese, shrimps * #2-7-12	€ 10,80
GIARDINO Tomato sauce, mozzarella cheese, grilled zucchini, grilled eggplants and fresh tomatoes #7	(√) (€ 8,80
INFERNO Tomato, mozzarella cheese, Gorgonzola blue-cheese, Tropea red onions, hot salami #7	€ 9,30
MARGHERITA Tomato, mozzarella cheese, oregano #7	√ ⊘ € 7,30
NAPOLI Tomato, mozzarella cheese, anchovies, oregano #4-7	Ø € 8,30
ORTOLANA Tomato, mozzarella cheese, grilled peppers, grilled eggplants, grilled zucchini #7	√ Ø € 8,30
PAPAS Tomato, mozzarella cheese, chips * #1-7	(√) € 8,30
PECORINO E BASILICO Tomato, mozzarella cheese, Pecorino Romano cheese, basil #7	(√) € 8,30
PEPPINO Tomato, mozzarella cheese with Buffalo milk from Mantua, basil #7	√ ⊘ € 10,30
PORCINI Tomato, mozzarella cheese, Porcini mushrooms #7-12	√ ⊘ € 10,30
PROSCIUTTO Tomato, mozzarella cheese, ham #7	€ 8,30
PROSCIUTTO E FUNGHI Tomato, mozzarella cheese, ham, mushrooms #7	€ 8,30







This allergens refer only to seasoning to which must be added the allergens of the relative doughs.

ROMANA Tomato, mozzarella cheese, capers, anchovies, oregano #4-7

€ 8,30

SALSICCIA Tomato, mozzarella cheese, sausage #7

€ 8,80

TONNO Tomato, mozzarella cheese, tuna fish #4-7

€ 9,80

TONNO E CIPOLLE Tomato, mozzarella cheese, tuna fish, onion #4-7

WURSTEL Tomato, mozzarella cheese, frankfurter #3-7-10

€ 9,80

€ 8,30

ZUCCHINE Tomato, mozzarella cheese, grilled zucchini #7

€ 8,30

on the last page you can find the allergen list of every ingredient below.

Extra cost for vegetables € 1,50 Extra cost for anchovies, dried fruits, seeds, asparagus, mushrooms, eggs, sprouts € 2,00

Extra cost for cold cuts and cheeses € 2,00 Extra cost for fish (Shrimp, octopus, tuna, salmon)

€ 2,00

Fiordilatte mozzarella cheese from "Mantua" - organic product Extra cost for Buffalo mozzarella cheese from "Mantua" - organic product

€ 3,00

€ 2,00

Alternative without lactose - Ask to our staff to know availability

Small Pizzas for kids are available at the same price

Traditional, wholewheat and Khorasan wheat pizzas can be requested with double dough at the same price







S.Bernardo

Bernard

Water Mineral S. Bernardo (sparkling or still) # NO ALLERGENS	CL 75	€ 2,50
Gazzosa/Limonata Aranciata/Chinotto # NO ALLERGENS	CL 26	€ 3,50
Peach/Lemon tea # NO ALLERGENS	CL 26	€ 3,50
Acqua tonica # NO ALLERGENS	CL 33	€ 3,50
Coca Cola/Coca Zero # NO ALLERGENS	CL 33	€ 3,50
MoleCola	CL 33	€ 3,50



draught wine

NO ALLERGENS

	CL 25	CL 50	CL 100
Pinot Chardonnay del Veneto 11° % alcohol # 12	€ 4,50	€ 7,00	€ 13,00
Vino Bardo Rosso Rubecchio 11° % alcohol # 12	€ 4,50	€ 7,00	€ 13,00
Vino Serena Frizzante "Più-Frizz" 10,5% alcohol # 12	€ 5,00	€ 7,50	€ 14,00

smoothies



100% fresh fruit and vegetables juices

# NO ALLERGENS	€7,50
Rossa Tentazione: apple and strawberry - antioxidant # NO ALLERGENS	€ 7,50
Sempreverde: apple, kiwi and ginger - digestive # NO ALLERGENS	€ 7,50



You can compose the drink going along with your taste. Choose fruits and vegetables from the available ones and find the right mix.

You can also ask for a only pineapple juice or only strawberry juice (€ 8,00).

Service/Cover Charge € 2,50



Birrificio di Como



THE handoraft BEER PRODUCED IN OUR BREWERY IN COMO

draught beers. Birra agricola



Lager-style beer made with Italian barley Low fermentation

Clear and light. Fresh and drinkable beer in Lager style. A balance between the fragrance of hops and the almost honeyed malt. Dry and bitter aftertaste.# 1

small pint

CL 20 € 4.50 CL 40 € 7.00

Best with: pleasant to drink at any time, it goes nicely with all the dishes of our cuisine.

ingredients: water, barley malt, hop, yeast

Alc 5,3% vol.

ROXANNE Amber double malt

low fermentation

Full-bodied beer. It leaves a caramelized and hoppy impression with a dry and decisive aftertaste.

small pint | pint

CL 20 € **4.50** CL 40 € **7.00** CL 100 € **14.00**

CL 100 € **14,00**

Best with:

particularly suitable in combination with meats. seasoned cheeses and pizzas.

ingredients:

water, barley malt, hop, yeast

Alc. 6%

vol.

bottled beers.



DEMETRA

Lager-style beer made with Italian barley - Low fermentation

Clear and light. Fresh and drinkable beer in Lager style. A balance between the fragrance of hops and the almost honeyed malt. Dry and bitter aftertaste.#1 bottle 50 cl € 8,50

Best with:

pleasant to drink at any time, it goes nicely with all the dishes of our cuisine.



ingredients:

water, barley malt, hop, yeast Alc. 5.3%

vol.



SUPER WEISS

Double malt amber weiss high fermentation

Our weizen beer, in addition to hints of banana, vanilla and cloves typical of the weiss, is characterized from hazelnut and almond flavors, given by toasted malts of wheat and generous hopping.#1

bottle 50 cl

€ 8.50



Best with:

accompanies salads but water, barley malt also cold cuts and Black and wheat malt, Pork from Irpinia. A delicious combination with fruit-based desserts.



ingredients:

hop, yeast

Alc.

6,3% vol.

Every hand-made beer has its natural time for preparing, it is for this reason that some labels in the list could be in fermentation. You can ask to our staff what is available.

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bottled beers





ROXANNE

Amber double malt low fermentation

Full-bodied beer. It leaves a caramelized and hoppy impression with a dry and decisive aftertaste. #1

bottle 50 cl

Best with:

particularly suitable in combination with meats, hop, yeast seasoned cheeses and pizzas.



ingredients:

water, barley malt,

Alc.

6% vol.



ZEN

Special beer with ginger roots and orange zest - low fermentation

Soft drinkable beer thanks to the armonic combination of its flavour and its clear core structure.#1

bottle 50 cl

€ 8.50



Best with:

It's suits better dishes with a mild taste, such as fish and desserts, especially creamy and fruity ones.



ingredients:

water, barley malt, hop, yeast, ginger roots and orange zest

Alc. 5,6% vol.



I-PA

Light amber high fermentation

Medium bodied, characterized by an intense scent of hops from America, England and New Zealand and added in dry-hop. #1

bottle 50 cl

€ 8,50



Best with:

perfect with fresh cheeses and desserts. Very delicate, it can be combined with fish dishes



ingredients:

water. barlev malt. hop, yeast

Alc.

6.6% vol.



N. 10

Clear with thyme honey low fermentation

Medium-bodied low fermentation beer. with a strong taste with thyme honey and fir honeydew from Alto Adige. Sweet and balsamic finish. #1

bottle 50 cl

€ 8.50



Best with:

excellent with hearty meat-based first courses and perfect for fruit-based desserts.



ingredients:

water, barley malt, honey, honeydew, hop, yeast

Alc. 6,8% vol.



EAU ROUGE

Belgian style Dubbel beer high fermentation

Characteristically known for being dark brown in colour with strong chocolatey, caramel, and nutty tones but also an intense flavour of dark and dried fruit. #1

bottle 50 cl

€ 8,50



Best with:

ideal for first courses such as saffron risotto. second courses with meat, braised meats and desserts.



ingredienti:

water, barley malt, oats, sugar, hop, veast.

Alc.

7% vol.



DAISY DUKE

American Pale Ale high fermentation

The pretty high level of bitterness is balanced by the citrus scents, creating a good balance between smell and taste.

bottle 50 cl

€ 8,50



Abbinamento:

simple and straightforward dishes, like herbs cheeses, soups and grilled vegetables



ingredienti:

water, barley malt, hop, yeast

Alc. 5% vol.

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dont't renounce a good beer

alcohol-free beer



MAISEL'S WEISSE Weiss

Beer characterised by a typical faint and creamy foam, with hazelnut-like color. It mixes full-body characteristics with lightness, to get and easy to drink beer. The turbidity of this weiss in due to the yeast in sunspension.

To know more about allergens, see each label

bottle 50 cl

Info:

Only 20 Calories per 100 ml.

€ 8,50

% Alc. 0,5% vol.

gluten free beer



ESTRELLA DAM DAURA - Lager

A real lager beer produced by the most prestigious brewery in Spain with barley malt, but without gluten, which has nothing to envy to the classic Estrella of Barcelona. Golden yellow blonde, with a fine and persistent foam, it has an intense aroma of yeasts, bread, broom, Mediterranean and aromatic herbs such as sage and thyme. The taste is sweet, with hints of bread, malt biscuit, grass and honey.

To know more about allergens, see each label

bottle 33 cl

Info:

Daura is produced under the supervision of the Gluten Unit of the Higher Council of Scientific Research in Madrid, the largest public research authority in Spain.

€ 7.00

% Alc. 5,4%

vol.









Torrefazione Libera®



Our coffee is entirely composed of organically grown beans, and weekly produced by our artisan master roaster in our roasting in Como. Thanks to a roasting made in small quantities and weekly delivers, we guarantee the freshness of a "just roasted" coffee.

ORIGINS: Arabica: 40% Brazil, 15% Nicaragua, 15% Honduras, Robusta: 15% India, 15% Mexico

Coffee # NO ALLERGENS	€ 2,50	Amari, National Liqueur, Digestive # To know more about allergens, see each
Double Coffee # NO ALLERGENS	€ 3,00	label
Decaffeinated coffee # NO ALLERGENS	€ 2 ,50	National Aperitifs, Campari, Crodino, SanBitter # To know more about allergens, see each
Coffee fortified with Grappa or other alcohol	€ 3,00	labei
# To know more about allergens, see each label		Hot Tea selection - check our availability # NO ALLERGENS
Cappuccio #7	€ 3.00	

€ 5,00 € 4.00

dstilleria Libera



Gruppo Ethos has created an homemade and niche products' line. They are made only with natural ingredients: the herbs, the roots and the fruit are all selected from nature and mixed by our experts.

available also to take away

LIMONCINO

with lemon zest natural infusion # NO ALLERGENS

AMARO ALLE ERBE homemade bitter liquor made with selected herbs # NO ALLERGENS

AMARO DI MONTEVECCHIA

Made with honey and rosemary from Montevecchia # NO ALLERGENI

SAMBUCA

Homemade liqueur with anise taste # NO ALLERGENS

GRAPPA LOMBARDA

distilled with grapes of the Lombardy hills # NO ALLERGENS

GRAPPA RISERVA aged for 18 months in durmast barrels # NO ALLERGENS



€ 5,00



wine list





Vignaioli Erranti

Vignaioli Erranti is a project of our "Biological Farm and Farmhouse Brusignone", part of Gruppo Ethos, born from our desire to offer a small selection of "peregrin" wines. We choosed this definition because all of them are the result of meetings we made on our path. Wandering by wine and vineyards, we have made a deal with wine producers: to rent a vineyard section to start producing wine who responds to our criterias. We found what we were looking for in "Tenuta Fortunago", near Pavia, and in "Tenuta Murlo", on Siena's hills. Here we perform a sustainable farming which takes care of land's richness and biodiversity, a controlled and inspired by the essential wine cellar activity to obtain a natural wine with a strong identity, in one word, GREAT.



Slightly Sparkling Wine



Lombardia	Blanc de Blancs Ancestrale Oltrepò Pavese	Castello di Stefanago	CL 75	€ 35,00
	Franciacorta DOCG Saten Millesimato	Monzio Compagnoni	CL 75	€ 40,00
Veneto	Prosecco Treviso DOC Brut	Sette Anime	CL 75	€ 23,00
	Cartizze Dry Valdobbiadene Superiore	Adami	CL 75	€ 38,00



white wine

DOCG



Lombardia V	Villano Bianco Provincia di Pavia IGP	Tenuta Fortunago	CL 75	€ 21,00
	Pinot Grigio "Campo Piano" Provincia di Pavia IGP	Castello di Stefanago	CL 75	€ 28,00
	"Monte Lupo" Lugana DOC	Cobue	CL 75	€ 26,00
Trentino Alto Adige	Gewürztraminer IGT	Pitsch am Bach	CL 75	€ 34,50
Friuli Venezia Giulia	Ribolla Gialla Colli Orientali Friuli DOC	La Magnolia	CL 75	€ 26,00
Toscana	"FFF" Toscana Bianco IGT	Arizzi Wine	CL 75	€ 22,00
Campania	Falanghina DOC Irpinia	Vigne Irpine	CL 75	€ 29,00
Sicilia	Grillo Bianco Maggiore	Rallo	CL 75	€ 24,00
Sardegna	"Serra Aspridda" Vermentino di Sardegna DOC	Azienda Vitivinicola Francesco Fiori	CL 75	€ 26,00



Organic wine or produced by certified organic farm



The vine leaf indicates the selection on natural wine, produced with reduced treatments in the vineyard and winery, while respecting the nature and their fruits with limited use of chemical additives. # To know more about allergens, see each label



wine list



*	red wine				
→ Piemonte	Barbera d'Asti DOCG Pais	Colle Manora		CL 75	€ 24,50
	Langhe Nebbiolo DOC Monastero	Cascina del Monastero		CL 75	€ 34,00
	Barolo DOCG	Bric Cenciurio		CL 75	€ 46,00
	Dolcetto d'Alba Superiore DOCG	Cascina del Monastero	Blo	CL 75	€ 25 ,00
Lombardia	Villano Rosso Provincia di Pavia IGP	Tenuta Fortunago	8%	CL 75	€ 22,00
	"Cormelò" Terrazze Retiche di Sondrio IGT	Rivetti&Lauro		CL 75	€ 25,00
	Sforzato dell'Orco DOCG	Rivetti&Lauro		CL 75	€ 45,00
Trentino	Pinot Nero Alto Adige DOC	Elena Walch		CL 75	€ 28,50
Alto Adige	Lagrein Alto Adige DOC	Pitsch am Bach		CL 75	€ 30,00
Veneto	Amarone della Valpolicella Classico DOCG	Le Bignele		CL 75	€ 45,00
	Valpolicella Classico Superiore Ripasso DOC	Le Bignele		CL 75	€ 30,00
	Valpolicella Classico Superiore DOC	Le Bignele		CL 75	€ 26,00
	Raboso "Curioso" IGT frizzante	Sette Anime		CL 75	€ 24,00
Friuli	Refosco Colli Orientali DOC	La Magnolia		CL 75	€ 25,00
Toscana	Chianti Colli Senesi Riserva DOCG	Tenuta Murlo		CL 75	€ 26,00
	Rosso di Montalcino DOC	Camigliano		CL 75	€ 28,00
	Brunello di Montalcino DOCG	Camigliano		CL 75	€ 48,00
	"Ipogeo" IGT Toscana Rosso	Fattoria Castellina		CL 75	€ 23,00
	Morellino di Scansano DOCG Bio "Roggiano"	Vignaioli del Morellino		CL 75	€ 27 ,00
Umbria	"Etnico" Montefalco Sagrantino DOCG	Di Filippo	Bh	CL 75	€ 38,00
Abruzzo	Montepulciano d'Abruzzo	Cingilia		CL 75	€ 26,00
Campania	Aglianico irpinia DOP	Vigne Irpine		CL 75	€ 27,00
Puglia	"Li Janni" Primitivo di Manduria DOP	Erminio Campa		CL 75	€ 27,50
Sicilia	"Tracotanza" Terre Siciliane IGT	Etnella		CL 75	€ 26,50
	"Il Manto Rosso" Nero d'Avola	Rallo	Blo	CL 75	€ 24,00
Sardegna	"Torricla" Cannonau di Sardegna DOC	Francesco Fiori		CL 75	€ 28,00



Organic wine or produced by certified organic farm





wine list



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rosè wine

Veneto

Raboso "Geloso" IGT Rosè

Sette Anime

CL 75

Toscana

"Gioia" Toscana Rosato IGT

Arizzi Wine

CL 75 € 23,00

€ 24,00



dessert wine



Piemonte

Moscato Oltrepò Pavese DOC

Bruno Verdi

CL 75 € 24,00

Veneto

Recioto Classico della Valpolicella DOCG

Le Bignele

CL 37,5 € 35,00

Friuli V. G.

Verduzzo Friulano DOC Colli Orientali del Friuli

La Magnolia

CL 75 € 23,00



white wine

Gewürztraminer DOC

Elena Walch

CL 37.5

€ 15,00



Toscana

red wine

Chianti Classico DOCG

Brunello di Montalcino DOCG

Castello d'Albola

Camigliano

CL 37,5

€ 15,00

CL 37,5 **€ 26,**00



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wine by the glass.

Veneto	sparkling wine Prosecco DOC Treviso Brut white wine	Sette Anime		CL 15	€ 5 ,50
Lombardia	VIIIano Bianco Provincia di Pavia	Tenuta Fortunago	<i>B</i> 6	CL 15	€ 5 ,50
Toscana Sicilia	"FFF" Toscana Bianco IGT Grillo Bianco Maggiore	Arizzi Wine Rallo		CL 15 CL 15	€ 6,00 € 6,50
Toscana	rosè wine "Gioia" Toscana Rosato IGT	Arizzi Wine		CL 15	€ 5,50
Piemonte	red wine Dolcetto d'Alba DOCG Superiore	Cascina del Monastero	8%	CL 15	€ 7, 50
Lombardia	Villano Rosso Provincia di Pavia IGP	Tenuta Fortunago	Bh	CL 15	€ 5,50
Veneto	Valpolicella Classico Superiore DOC	Le Bignele		CL 15	€ 7,00
Toscana	Chianti Colli Senesi Riserva DOCG	Tenuta Murlo		CL 15	€ 6,00
Sicilia	"Ipogeo" IGT Toscana Rosso "Il Manto Rosso" Nero d'Avola	Fattoria Castellina Rallo	8%	CL 15 CL 15	€ 6,00 € 6,50
Friuli V. G.	Verduzzo Friulano DOC Colli Orientali del Friuli	La Magnolia		CL 15	€ 6,00



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menù gluten free

For realisation of bread, pasta, pizza and desserts we use external local laboratories, who create fine and handmade food without gluten. The cooking of these products is then made in our kitchens, using dedicated tools to avoid any risk of contamination.

first courses

Risotto Carnaroli alla Monzese con Luganega

Carnaroli risotto with Luganega sausage # 3 - 7 - 9 - 12

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€ 14,00

Spaghetti al burro e salvia Spaghetti with butter and sage #7-9



€ 10,00

Spaghetti al pomodoro Spaghetti with tomato sauce #9



€ 10,00

Dishes from our Steak House section are gluten free.

Remember to inform the staff about your gluten allergy while you're ordering.

Gluten free bread is also available.

pizzas

Campania* tomato sauce and mozzarella cheese # 5 - 6 - 7 - 8 - 13



€ 12,00

Parmense* tomato sauce, mozzarella cheese and Parma ham # 5 - 6 - 7 - 8 - 13

€ 14,00

Taggiasca* tomato sauce, mozzarella cheese and black olives # 5 - 6 - 7 - 8 - 13

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€ 13,00

Verzura* tomato sauce, mozzarella cheese, grilled peppers, eggplant, radicchio and zucchini **# 5 - 6 - 7 - 8 - 13**

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€ 14,00

dessert

Tiramisù € 8,50

Tiramisù with "Mascarpone" cheese cream and coffee* #3-7-8

€ 8,50

Mousse alla panna con frutti di bosco

Whipped cream mousse with berries* #3-6-7



kids menù

Rice with Parmesan cheese #3-7-9	€ 8,00
Saffron risotto #3-7-9	€ 8,00
Pasta/gnocchi with tomato sauce #1 - 6 - 9 - 10	€ 7, 00
Pasta/gnocchi with basil pesto #1-5-6-7-8-10	€ 7 ,00
Pasta/gnocchi with Bolognese meat sauce #1-6-9-10	€ 7 ,00
Pasta/gnocchi plain # 1 - 6 - 9 - 10	€ 7, 00
Pasta/gnocchi with butter #1-6-7-9-10	€ 7 ,00
Pasta/gnocchi with olive oil #1-6-9-10	€ 7 ,00
Pasta/gnocchi with clams with parsley #1-6-9-10-12-14	€ 7 ,00
Breaded chicken cutlet (breast) #1-3-5-6-7-10	€ 9,00
Chicken steak (breast) with side dish # NO ALLERGENS	€ 10, 50
Beef steak with side dish # NO ALLERGENS	€ 10,50
Baby New York hamburger with side dish # 1 - 6 - 10	€ 10, 50
Baby chicken würstel with side dish # 3 - 7 - 10	€ 9, 50
Omelette with vegetables and Lodi cheese #3-7-9	€ 9,00
French fries* #1	€ 8,50
Grilled vegetables # NO ALLERGENS	€ 5 ,00
Organic assorted vegetables "caponatina style" # 9	€ 5 ,00
Ham baby # no allergens	€ 5 ,00
Raw ham baby # NO ALLERGENS	€ 8,00
Bresaola ham # NO ALLERGENS	€ 9,00
Salami # NO ALLERGENS	€ 9,00
Fresh fruit and vegetables juices # NO ALLERGENS	€ 8,00
Seasonal fruit # NO ALLERGENS	€ 5 ,00
Tiramisù baby (without alcool) #1-3-6-7-8-10	
Ice cream #3-6-7-8	
1 flavour	€ 3, 50
2 flavour	€ 5,00

our invitation to eat healthy

follow the plumto identify GIFTdiet plates inserted in the menu, chosen for the quality of the proposed foods, the simplicity of cooking and seasoning and the correct proportions among the ingredients used.

Dieta**GIFT**

Gradualness • Individuality • Flexibility • Tone

It is not just a diet, but a lifestyle to marry gradually, remembering the importance of the movement in the maintenance of their welfare. Eating GIFT means tasting dishes made from the fruits of the earth without sacrificing taste.

Whole grain carbohydrates:

gasoline from our car must never be lacking, so a wholecomplex carbohydrates is essential: bread, pasta, rice, potatoes will be welcome at the table, but be careful not to exceed one third of the pot.



the protein source is very important for our muscles: green light to fish, eggs, cheese, meats and nuts. To limit the effect of insulin rebound, in each of the three main meals, it is always inserted a protein source, to the extent "visual" approximately one-third of the total volume.



Fruit and vegetables



Fresh fruits and vegetables, raw and unseasoned are also permitted outside of meals. A daily intake of dietary fiber, rich and steady, also ensures optimum operation of the digestive functions. For this reason the plate will have to contain at least one third of its total.



GIFT Diet in pills:

• to Junk roou • to the refined food

- to junk food
- to preservatives
- to dyes
- to Sugar



- · to natural sweeteners
- to whole grains
- to generous contribution of water and fiber
- to fresh fruits and vegetables
- to sport to the long chewing





allergens list

The substances or products that cause allergies or intolerances

- 1 Cereals containing gluten, i.e: wheat, rye, barley, oats, spelt, kamut and products thereof.
- 2 Crustaceans and products thereof.
- **3** Eggs and products thereof.
- 4 Fish and products thereof.
- 5 Peanuts and products thereof.
- 6 Soybeans and products thereof, except:
 - a) Oil and raffinated soy fat (I);
 - b) Mixed natural tocopherols (E306), D-alpha tocopherol, natural acetate D-alpha tocopherol, natural succinate D-alpha soya tocopherol:
 - c) Vegetable oil derivated from phytosterols and ester soya phytosterols;
 - d) Vegetable stanol ester made from vegetable soya sterols.
- 7 Milk and products thereof (including lactose).
- 8 Nuts/treenuts, i.e almonds (Amygdalus communis L.), hazelnuts (Corylus avellana), walnuts (Juglans regia), cashews (Anacardium occidentale), pecan nuts [Carya illinoiesis (Wangenh.)
 - K. Koch], Brazil nuts (Bertholletia excelsa), pistachio nuts (Pistacia vera), macadamia or Queensland nuts (Macadamia ternifolia) and products thereof.
- 9 Celery and products thereof.
- 10 Mustard and products thereof.
- 11 Sesame seeds and products thereof.
- 12 Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as total SO2, calculated for the products as offered ready for consumption or recreated according to the manufacturer's instructions.
- 13 Lupin and products thereof.
- 14 Molluscs and products thereof.



allergens list

EXTRA COST

Almond	ALLERGENS: 8	Eggs	ALLERGENS: 3	Pepperoni	ALLERGENS: NO
Anchovies	ALLERGENS: 4	Frankfurter AL	LERGENS: 3 - 7 - 10	Pesto ALLERGE	ENS: 1-2-4-6-7-9-12-14
Artichokes	ALLERGENS: NO	French fries	ALLERGENS: 1-6	Pistachio	ALLERGENS: 6-7-8
Asparagus	ALLERGENS: NO	Fresh tomato	ALLERGENS: NO	Porcini	ALLERGENS: NO
Auricchio cheese	ALLERGENS: 7	Friarielli	ALLERGENS: NO	Pumpkin cream	ALLERGENS: 7
Bacon	ALLERGENS: NO	Garlic	ALLERGENS: NO	Raw ham	ALLERGENS: NO
Basil	ALLERGENS: NO	Goat Ricotta cheese	ALLERGENS: 7	Red chicory	ALLERGENS: NO
Black olives	ALLERGENS: NO	Gorgonzola	ALLERGENS: 7	Ricotta cheese	ALLERGENS: 7
Boiled potatoes	ALLERGENS: NO	Grana cheese flakes	ALLERGENS: 3-7	Rocket salad	ALLERGENS: 7
Bresaola	ALLERGENS: NO	Grana cheese grated	ALLERGENS: 3-7	Salami	ALLERGENS: NO
Brie	ALLERGENS: 7	Ham	ALLERGENS: NO	Sausage	ALLERGENS: NO
Bufalo Stracciatella chees	ALLERGENS: 7	Hemp seeds	ALLERGENS: NO	Scamorza cheese	ALLERGENS: 7
Capers	ALLERGENS: NO	Lard	ALLERGENS: NO	Seafood A	LLERGENS: 2-4-12-14
Casera cheese	ALLERGENS: 7	Mozzarella cheese	ALLERGENS: 7	Shrimps	ALLERGENS: 2-12
Champignon	ALLERGENS: NO	Mozzarella cheese with buffalo milk	ALLERGENS: 7	Smoked salmon	ALLERGENS: 4
mashrooms	, leel (oe iso. i to	Mozzarella vegan	ALLERGENS: 7	Speck	ALLERGENS: NO
Cherry tomatoes	ALLERGENS: NO	Mozzarella	ALLERGENS: 7	Spicy salami	ALLERGENS: NO
Chili pepper	ALLERGENS: NO	without lactose		Spinach	ALLERGENS: NO
Cicory	ALLERGENS: NO	Nduja	ALLERGENS: NO	Taleggio cheese	ALLERGENS: 7
Cooking cream	ALLERGENS: 7	Octopus	ALLERGENS: 14	Tattler	ALLERGENS: 14
Parma salami	ALLERGENS: NO	Onions	ALLERGENS: NO	Tomato sauce	ALLERGENS: NO
Corn	ALLERGENS: NO	Origan	ALLERGENS: NO	Tuna	ALLERGENS: 4
Crayfish	ALLERGENS: 2-4-14	Pears	ALLERGENS: NO	Walnuts	ALLERGENS: 8
Dry tomatoes	ALLERGENS: 12	Pecorino cheese	ALLERGENS: 7	Zucchine	ALLERGENS: NO
Eggplant	ALLERGENS: NO	Pecorino zafferano	ALLERGENS: 7		